



INTIMATE CARE POLICY NAPPY CHANGING AND TOILETING

Promoting Health and Hygiene

Policy statement

No child is excluded from participating at Rainbow's End Pre-school who may, for any reason, not yet be toilet trained and who may still be wearing nappies or equivalent. We work with parents/carers towards toilet training, unless there are medical or other developmental reasons why this may not be appropriate at the time.

We have necessary toileting and hygiene practice in order to accommodate and support children who are yet to be toilet trained.

We see toilet training as a self-care skill that children will develop with the full support and non-judgemental concern of adults. All toilettings will be done promptly and discreetly and within access of other staff.

Procedures

At Rainbow's End Pre-School nappy changing takes place on a changing mat in the disabled toilet. This area is warm and safe to lay young children when they need to be changed. Each young child provides their own nappies or 'pull ups' and changing wipes. A supply will be kept for emergencies. Gloves and aprons are put on before changing starts and the areas are prepared. (The toilet door is left ajar and the door to the hall is latched opened during all nappy changing procedures as part of our Safeguarding Policy.) The changing mat is sanitised for each child and cleaned after each nappy change.

All staff are familiar with the hygiene procedures and carry these out when changing nappies. In addition, practitioners ensure that nappy changing is relaxed and a time to promote independence in young children. Young children are encouraged to take an interest in using the toilet (a potty is also available if required); they may just want to sit on it. They should then be encouraged to wash their hands and explore the water and the soap.

Staff are gentle when changing; they avoid pulling faces and making negative comment about 'nappy contents'. Staff do not make inappropriate comments about young children's genitals when changing their nappies. Older children access the toilet when they have the need to and are encouraged to be independent. Nappies and 'pull ups' are disposed of hygienically. Ordinary pants that have been wet or soiled are bagged for the parent/carer to take home. NB: If young children are left in wet or soiled nappies/'pull ups' in the setting this may constitute neglect and will be a disciplinary matter. Settings have a 'duty of care' towards children's personal needs.

Policy Review

As part of Rainbows End Pre-School monitoring of child protection and safeguarding this policy will be subject to periodic review.

Policy adopted by: Rainbow's End Pre-School
Date: 01.01.2024
Policy Review Date: 31.12.2024 (or sooner if required)